

New for 2018!
- Youth Flag Sparring
- Realigned Divisions
- More Youth Grands

Capital City Open Karate Tournament



Saturday, March 3, 2018

Firley YMCA * 525 Ellis Blvd.

From I-70 take either Hwy. 63 at Columbia or Hwy. 54 at Kingdom City to Jefferson City.

Exit Ellis Blvd. on Hwy. 54 or from Hwy. 50 take Hwy. 54 to Ellis Blvd. exit.

- Forms, Sparring, Flag Sparring and Weapons
- Light Contact Competition
- All ages and belt ranks welcome

Registration: 8:30 a.m.
Competition: 10 a.m.
Pre-registration (by 2/26/18): \$40
Day of Event Entry: \$45
Spectators: \$5

Forms Divisions

- 7 and under (Beg. – Adv.)
- 8 – 9 (Beg. – Int. – Adv.)
- 10 – 11 (Beg. – Int. – Adv.)
- 12 – 13 (Beg. – Int. – Adv.)
- 14 – 15 (Beg. – Int. – Adv.)
- 16 – 34 (Beg. – Int. – Adv.)
- 35 & up Senior (Beg. – Int. – Adv.)
 - 16 – 34 Male (Black)
 - 16 – 34 Female (Black)
 - 35 & up Senior Male (Black)
 - 35 & up Senior Female (Black)

Weapons Divisions

- 9 & under (Beg - Adv)
- 10 – 15 (Beg - Adv)
- 16 & up (Beg - Adv)
- 16 – 34 Black Belt
- 35 & up Black Belt

Sparring Divisions

- Combined Gender Divisions-**
 - 7 and under (Beg. – Adv.)
 - 8 – 9 (Beg. – Int. – Adv.)
 - 10 – 11 (Beg. – Int. – Adv.)
- Separate Gender Divisions-**
 - 12 – 13 (Beg. – Int. – Adv.)
 - 14 – 15 (Beg. – Int. – Adv.)
 - 16 – 34 (Beg. – Int. – Adv.)
 - 35 & up Senior (Beg. – Int. – Adv.)
 - 16 – 34 (Black)
 - 35 & up Senior (Black)

Flag Sparring

- 5 and under
- 6 – 7
- 8 – 9

“Open” Flag Sparring

15 and under all belt ranks

Grand Champions: 3 Youth, 3 Adult

The tournament director holds the right to combine or alter any division to promote fair and equal competition.

For complete tournament info and updates: <http://www.jeffcitymartialarts.com>

or visit: <http://facebook.com/jeffcitymartialarts>

For more information contact: JeffCityMartialArts@gmail.com

Tracey Tiethoff

Advisors: Brad Spraggs & Sasha Vasko

See back for rules and pre-registration form