

Please be familiar with our rules

- ◆ All foot techniques to a legal target area awarded two points.
 - ◇ All hand techniques are awarded one point
 - ◇ Matches are five points or two minutes running time, in the case of a tie, the next point wins.
- ◆ Point areas are: chest, stomach, side of body and head gear area.
 - ◇ No face contact under adult brown belt
 - ◇ No groin contact
 - ◇ No ground fighting
- ◆ Minus points awarded for: face contact, accumulation of two warnings, accidental heavy contact.
- ◆ Disqualification for: malicious attacks, two minus points, unsportsmanlike conduct, disrespect to officials, excessive contact or causing swelling or bleeding of opponent.

Important Notice: Martial Arts is a contact sport with a degree of risk or injury. All participants must agree to assume that risk.

Pre-Register by Wednesday, September 24th : Cash, check, money order or MasterCard/Visa accepted at P&R offices.

ATTN: Columbia Karate Tournament

1 South 7th St.

P.O. Box 6015

Columbia, MO 65205

Phone: (573) 874-7460 Fax: (573) 874-7640

To register online or find registration forms, visit: www.gocolumbiamo.com

Checks and Money Orders are to be made out to: COLUMBIA'S PARKS & RECREATION

Only cash, check or money order accepted at tournament site

Directions to the Armory Sports Center: From I-70 take the Providence Exit. Go south & turn left on Ash.

Columbia Cup Karate Tournament Registration Form: Please keep top portion of this form for informational purposes

Division: _____

Name: _____ Phone: _____

Home Address: _____ E-Mail: _____

City/State: _____ Zip: _____

Birth Date: _____ Age: _____ Gender: _____ Weight: _____ Height: _____

Style: _____ Rank: _____

Karate School: _____ Phone: _____

Instructor: _____

Karate School Address: _____ City/State: _____ Zip: _____

I, the undersigned do hereby voluntarily submit my application for attendance and participation in the Columbia's Parks & Recreation's Columbia Cup Karate Tournament held at the Armory Sports Center, September 27, 2017 and hereby assume all foregoing risks and accept personal responsibility for any and all damages, injuries or losses that I may sustain or incur while attending or participating and do hereby release, waive and discharge all claims against Ray Walker, Will Wilkerson and Columbia's Parks & Recreation for any claim for injuries that may be sustained. I consent that any photographs taken of me or my child at this tournament can be used for publicity and promotional purposes, and I waive compensation regard thereto.

*******Send registration form with check or money order for \$40 to Columbia's Parks & Recreation*******

\$45 registration at the door

Participant SIGNATURE if older than the age of 19

Date

Parent/Guardian SIGNATURE if participant is under the age of 19

Date